

UPDATE FROM THE CHAIRPERSON



*Mary Butler,
Chairperson*

We took the difficult decision on 10th November to cancel our Christmas lunch for members. As you know, it had been due to take place on Sunday 5th December. We apologise for disappointing people but, given the latest guidance to reduce social contacts and the growing number of Covid cases, we felt it was better to be cautious at this time.

We're hopeful that we'll gradually get exercise classes around the county back up and running in the New Year. The first is due to resume on January 10th 2022 in Clontarf with classes in Loughlinstown and Portmarnock to follow. In the meantime, our free weekly Siel Bleu exercise classes continue every Thursday morning by Zoom. Just get in touch with a member of the committee if you're interested in joining. We also plan to organise Nordic Walking instruction classes in a couple of Dublin parks in the spring.

The Dublin Branch welcomes PD Nurse, Lisa Wynne, to the staff of National Office. In very welcome news Lisa plans to expand the call-back service to five days a week.

We know the past two years have been immensely difficult for many of you. To those of you who have lost loved ones and to the families of our

deceased members we send our sympathy and thoughts at this difficult season. The Dublin branch will hold a remembrance service in due course.

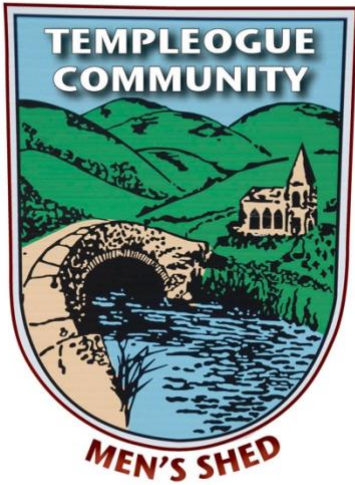
We wish all of you, our members, and your families a healthy and peaceful Christmas, and here's to a more normal year ahead in 2022.

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**FUNDRAISER FOR DUBLIN
BRANCH**



The Templeogue Community Men's Sheds have very kindly offered to raise funds for the Dublin branch by donating the proceeds of their annual calendar to us. We are delighted to be the nominated charity for their 2022 calendar. For anyone

in the Templeogue area, they will be selling the calendars at their Christmas Fair on December 8th. Email: tcmensshed@gmail.com for details.

HARRY WHITE, RIP We'd also like to offer our sincere condolences to the family and friends of Harry White who died recently. Harry was a member of both the Templeogue Community Men's Sheds and our own Dublin Branch. Having Parkinson's didn't stop Harry taking a very active part in the Men's Sheds activities, including Tai Chi, strengthening and conditioning exercises, as well as music

sessions and carol singing. He will be sadly missed by all who knew him. Our condolences to his wife Mary and sons, Daithí and Conan. May he rest in peace.



Harry White RIP



A sample photo from their 2020 calendar



RIP

We are sorry to hear of the deaths of the following members and extend our sincere sympathies to their families:

Liam O'Reilly - Stillorgan

**Thomas McCormack -
Raheny**

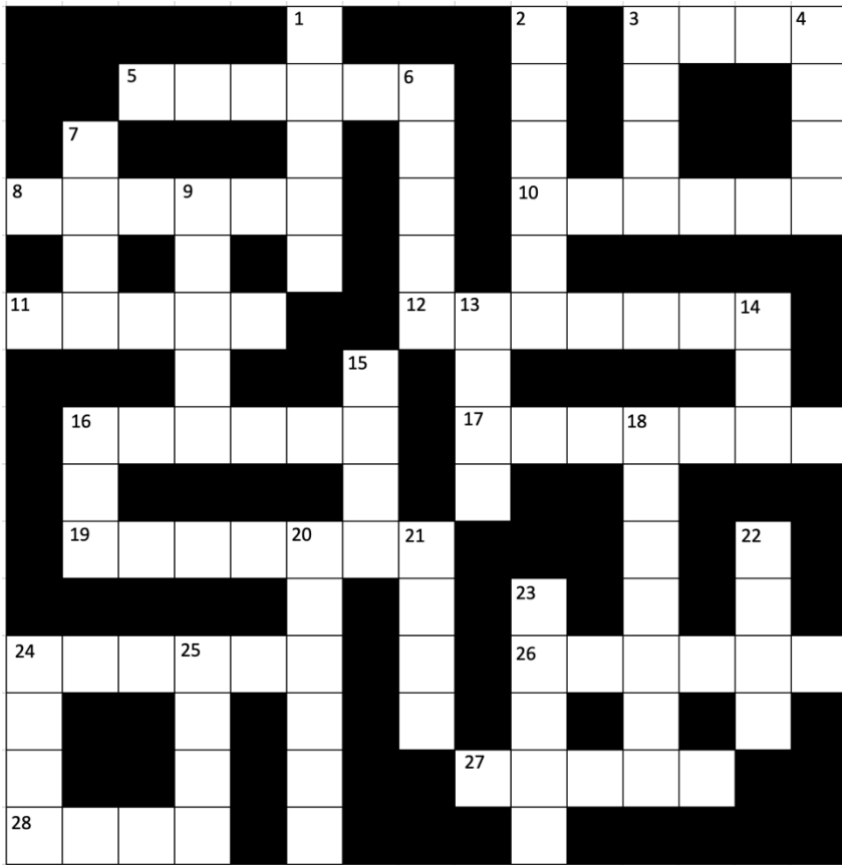
Kevin Allen - Howth

Harry White - Templeogue

Gail Byrne

Des Keane - Portmarnock

**Peadar O'Riordan -
Rathfarnham**



- 19 Not nice, Be this get nothing (7)
- 24 What we did when we couldn't visit (6)
- 26 Uplifting Song book (6)
- 27 The cynics do this with Christmas (5)
- 28 Better the non-shedable version (4)

DOWN

- 1 The late shoppers who rush in can be said to be these (5)
- 2 Tree ball, not golf (6)
- 3 This often goes on top (4)
- 4 Where you might skate on thin ice (4)
- 6 A dangerous toy to buy the kids (5)
- 7 Get one with Mistletoe (4)
- 9 Lots of this is bought (5)
- 13 A full one is the shopkeepers delight (4)
- 14 Half the sound of childrens' laughter (3)
- 15 Definitely something to do after the Christmas pudding (4)
- 16 The quality street are found within (3)
- 18 A small amount of light (7)
- 20 How best to keep kids' presents (6)
- 21 Don't throw this log on the fire (4)
- 22 Traditionally be good or you get this (4)
- 23 What toys travel in (or on) from China normally (5)
- 24 Do this early or you'll get 25 down next year (4)
- 25 Zilch or nada (4)

ACROSS

- 3 Hold up sign for Santa (4)
- 5 Be this or get nothing (2,4)
- 8 On the tree, and Hollywood (6)
- 10 If this is done then the turkey's not good (6)
- 11 Special Big one for sale at Christmas (5)
- 12 Santa has to work by this on Christmas eve (7)
- 16 Something chewy and sweet (6)
- 17 Much better than cried (7)

Christmas Crossword Competition

Enter completed crosswords to be included in a draw for one €50 and two €25 Eason vouchers
Post or scan and email by 8/12 to Kieran Connolly 8 Bramley Green, Castleknock, Dublin D15 KPW3
 dublinmembership@parkinsons.ie

Text "solution" to 0831059922 if you want to receive the solution by mail or email after the draw

----- Cut here -----

Dublin Branch - €25 Membership Fee

Renewal Form 2022

Name:	
Address:	
Phone:	
Email (for receipt)	
Name & email of Associate member (free) - partner, spouse, family member, carer or friend	Name:
	Email: