

The Board

Joe Lynch, Chairman

Gary Boyle

Michael Burke

Dee Daly

Dr Richard Walsh

Paula Gilmore, CEO/Company Secretary

Head Office Staff

Chief Executive: Paula Gilmore

Helpline Manager: Pauline Mahady

Parkinson's Nurse Call-Back Service:
(Part Time) Nicola Kavanagh

Communications and Fundraising:
(Part Time) Sabrina Fagan

Branches

A network of branches around the country, all run by voluntary committees, are the lifeblood of the Parkinson's Association, reaching out to people living with Parkinson's in their own communities, as well as providing social outlets, exercise and other classes.

In 2018 there were branches in: Cavan, Clare, Dublin, Cork, Donegal, East Midlands, Galway, Kerry North, Kerry South, Longford, Louth/Meath, Mayo, Mid-West, Monaghan, Tipperary, Waterford, Wexford and Young Parkinson's Ireland (YPI).

Our Mission

The PAI will become a strong and effective organisation on behalf of people with Parkinson's and their families in Ireland. We aim to deliver a broad range of services to a significantly increased number of people with Parkinson's throughout the country. The Association has a particular focus on the provision of healthcare supports, advocacy, information and advice to people with Parkinson's and to their carers.

Status and Partnerships

The Parkinson's Association of Ireland is a registered charity governed by a voluntary board and committed to good governance with its twin requirements of transparency and accountability.

In 2018 it had partnerships with:

The World Parkinson's Congress
The European Parkinson's Disease Association
The Neurological Alliance of Ireland
The Disability Federation of Ireland
Care Alliance of Ireland

Contacts for The Parkinson's Association of Ireland

Address: Carmichael Centre,
North Brunswick Street, Dublin 7
D07 RHA8

Telephone: 01 8722234

Website: www.parkinsons.ie

Email: nationaloffice@parkinsons.ie

Facebook: facebook.com/parkinsons.ireland

Twitter: twitter.com/ParkinsonsIre

Company No. 123532
CHY No. 10816
Helpline 1800 359 359

ANNUAL REPORT 2018



"Over the next five years our goal is to develop the Association's services to meet the needs of people with Parkinson's and their family members. A better and stronger Parkinson's Association means responding to the emerging needs of our membership. This will enable us to grow as an organisation while learning and supporting each other."

*Paula Gilmore,
Chief Executive Officer*

2018 ACCOUNTS

PARKINSON'S ASSOCIATION OF IRELAND

Detailed income & expenditure account

Financial year ended 31st December 2018

Income	2018 €	2017 €
Membership	37,083	33,215
Marathons	21,622	25,145
Donations	388,264	260,564
Sale of Goods	4,239	8,073
Fundraising	271,452	263,228
Grants	40,550	815
	<u>763,210</u>	<u>591,040</u>
Cost of sales		
Opening stock	2,486	4,146
Purchases	1,573	1,811
	<u>4,059</u>	<u>5,957</u>
Closing stock	(2,380)	(2,486)
	<u>(1,679)</u>	<u>(3,471)</u>
	<u>761,531</u>	<u>587,569</u>
Administrative expenses		
Wages and salaries	146,355	138,301
Employer's PRSI contributions	14,872	14,402
Staff pension costs	3,900	3,900
Courses and training	2,022	135
Rent and rates	15,750	16,051
Insurance	1,509	1,982
Administration	9,762	7,544
Hotel, seminar & meeting expenses	50,542	64,262
Repairs and maintenance	1,551	
Social events	78,991	63,399
Postage	9,700	14,468
Printing and stationery	29,161	13,455
Education & Health promotion	2,508	5,655
Telephone	7,267	9,975
Membership fees	1,309	7,310
Travelling and subsistence	17,094	23,696
Advocacy/Lobbying	29,123	19,288
Nursing, therapy & classes	142,608	100,707
Legal and professional	3,645	800
Accountancy fees	9,915	9,300
Auditors remuneration	3,000	3,000
Fundraising	30,390	27,389
Bank charges	3,928	3,805
Donations & gifts	7,544	3,821
General expenses	4,075	3,177
Depreciation of tangible assets	3,014	1,012
	<u>(629,535)</u>	<u>(556,834)</u>

2018 HIGHLIGHTS

THE FIRST **General Assembly** of the Association was held over two days in June with National Office staff, Board Directors and representatives from sixteen branches attending, allowing branch committee members to share experiences, learn from each other and put forward proposals on implementation of the Association's Five-Year Strategic Plan (launched 2017).

PARKINSON'S MEMBERS from branches nationwide gathered to **protest** at Leinster House to highlight the shortage of Parkinson's Nurse Specialists and the need for core government funding for the Association. Minister of State, Helen McEntee, accepted our petition with 11,000 signatures. The protest attracted national media attention. A briefing for TDs and Senators and their staff took place in Leinster House in advance of the protest.

THE ASSOCIATION kept members informed and updated about the **shortages** of some **Sinemet** products, Sinemet being a key medication for the treatment of Parkinson's. They were assured that GPs or pharmacists would offer suitable alternatives. A guidance document and FAQs document were compiled.

PARKINSON'S NURSE Specialist Nicola Kavanagh was available to talk to members on Wednesdays and Fridays and provided a **Call Back service** for calls received at other times.

THE ASSOCIATION was made **GDPR** ready as the EU's General Data Protection Regulation came into force on May 25th. The regulation strengthens the rights of individuals in the digital world. As part of this work, the national office and all branch committee members were given new email addresses.

THE FREEPHONE **Helpline** was kept busy dealing with queries from members, carers, nursing homes and others. Information leaflets on a wide range of Parkinson's-related topics and symptoms were posted out as requested.

THE MEMBERS' three-day **Social Weekend** took place in Athlone in September with nurse clinics, physiotherapy, dance and voice therapy sessions as well as an opportunity to socialise and enjoy good food and entertainment.

A **SUCCESSFUL Camino fundraising walk** took place over one week in October with twelve people completing the final 100 kilometres to Santiago in Northern Spain.

THE PAI **website** was updated to make it more user-friendly and informative. Four magazines were published and circulated to all members quarterly.